

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	35.2	12.5	18	65	0.15	3.2	0.98
Gender	0.52	0.50	0	1	-0.05	3.0	0.99
Education	12.8	2.1	9	16	0.25	3.5	0.97
Income	4500	1500	1000	10000	0.35	3.8	0.96
Marital Status	0.68	0.48	0	1	-0.10	3.1	0.99
Occupation	2.5	1.5	1	5	0.20	3.4	0.98
Health Status	3.2	1.2	1	5	0.18	3.3	0.98
Stress Level	4.1	1.5	1	5	0.22	3.6	0.97
Life Satisfaction	3.8	1.1	1	5	0.16	3.2	0.98
Resilience	3.5	1.0	1	5	0.14	3.1	0.99
Emotional Stability	3.9	1.2	1	5	0.17	3.3	0.98
Psychological Well-being	4.0	1.1	1	5	0.15	3.2	0.98
Quality of Life	3.7	1.0	1	5	0.16	3.2	0.98
Life Satisfaction (Control)	3.8	1.1	1	5	0.16	3.2	0.98
Resilience (Control)	3.5	1.0	1	5	0.14	3.1	0.99
Emotional Stability (Control)	3.9	1.2	1	5	0.17	3.3	0.98
Psychological Well-being (Control)	4.0	1.1	1	5	0.15	3.2	0.98
Quality of Life (Control)	3.7	1.0	1	5	0.16	3.2	0.98

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